



AYALA

PLASTIC SURGERY

ASPIRIN CONTAINING DRUGS

Advil	Excedrin
Aleve	Fiorinal
Aspirin	Ibuprofen
Alka Seltzer	Motrin
Anacin	Naprosyn
Arthritis Pain Formula	Panalgesic
Ascriptin	Percodan
Aspergum	Robaxin
Bayer	Pepto-Bismol
Bufferin	Sine-Aid
Coricidin	Talwin
Darvon	Vanquish
Ecotrin	Zorprin
Equagesic	

ANTICOAGULANTS

Coumadin or Warfarin
Dicumarol
Heparin and Derivatives
Injectables
Panwarfin

HERBAL SUPPLEMENTS

Echinacea	Licorice Root
Fish Oil	Kava Kava
Ginkgo Biloba	St. Johns Wort
Ginseng	Valerian
Garlic	Vitamin E
Ginger	Glucosamine
Chondroitin	

OTHER

Aldomet
Quinidine
Anti-Cancer
Agents
Rufen
Clinoril
Tetracycline
D-Thyroxine
Plavix
Indocin

PLEASE PURCHASE MEDICATIONS BELOW:

Tylenol Extra Strength 500 mg every 6 hours, to take when you are not taken Vicodin or Tylenol #3

Vitamin C 1000 mg every day, take it 2-4 weeks before surgery

Zinc – take as directed on package, take it 2-4 weeks before surgery

Arnica Montana and Bromelain, Take 3 days before surgery as directed. This helps with bruising and swelling.